


Singing is to Literacy



Transition Tunes for Caregiving Times





"Singing is the best gift you can give your children." —Meg Lippert

 This keyring songbook gift was created to support you in ~ connecting with babies and children ~ growing their brains ~ building their foundation for literacy ~ and turning caregiving times into joyful times.


"Singing to babies transforms routine caregiving tasks into high quality connecting and literacy building times, while easing transitions and bringing more joy to caregiving activities." —Pam Leo

 Singing to babies is good for babies, the  is, it has to be **you**, screens or recordings just won't do. Babies can only connect with living beings!


"Your baby's favorite voice is yours!" —Nancy Stewart

 The five songs were chosen because they are familiar tunes to so many adults from their own childhood. If the tunes are not familiar, or you just need a refresher, you can listen to them by visiting SingWithOurKids.com. Click on **Free Song Library** and then the  under Song Collections. Or, you can choose your own special tunes for caregiving times.

"A good song is a well-loved, completely portable and educational toy that supplies learning and joy far beyond any toy bought at a store..." —MaryLee Sunseri

 If you do as we have done, and assign a special song to each caregiving task, and if you sing it every time, very soon babies will anticipate what is coming next as soon as they hear that tune. Babies thrive on predictability. It calms their nervous system and eases transitions from one activity to the next.

"Singing to babies creates connection and strengthens your bond." —Pam Leo

 A "comfort" song is a love song. Choose a song **you** love to sing to sooth the baby. A comfort song can be given, either in addition to, or instead of, a comfort "item" like a blanket, a stuffy, or a lovey. The best part of having a comfort "song" is that it never gets dirty, ripped, left behind, or lost; it is a forever treasure. When you teach your baby's comfort song to others who care for your baby, you empower them to comfort your baby. Older siblings love it when they can soothe the baby by singing the comfort song.

"If you are comforted by a song when you are young, that song has the ability to comfort you the rest of your life." —Nancy Stewart

This gift was made possible by the dedication, generosity, and creativity of



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