

ABOUT FIRST 4 ME

First4ME Portland is a three year, early care and education pilot project for children age birth to 5 years.

There are four main goals:

- Prepare children for kindergarten and help them become lifelong learners
- Support child care providers and their programs to enable them to provide high quality early care and education
- Help children stay in child care settings that best meet their needs and support their families
- Support the quality of life for families



FIRST 4 ME PORTLAND PARTNERS



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FIRST 4 ME PORTLAND



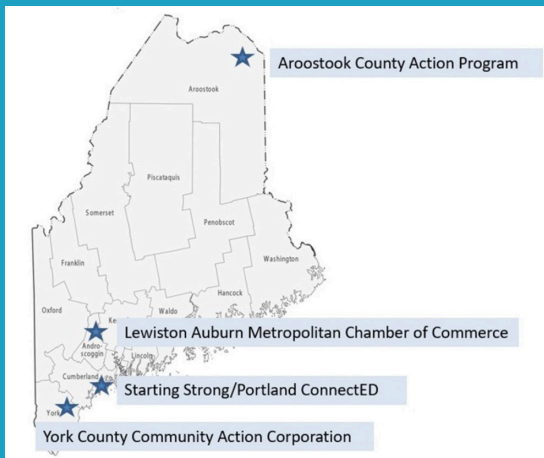
A Community-Based
Approach to Improving
Access to Quality
Early Care and Education

WHY SHOULD I PARTICIPATE?

- You will receive stipends for participating in some First4ME surveys, coaching, and other activities
- Your child will have more support with routine screenings, as well as tools, activities, and experiences that help prepare them for kindergarten
- Your child and family can receive social-emotional support with a licensed mental health clinician to help navigate challenging circumstances
- Trained family coaches for eligible families will:
 - Help identify your family's goals and give you support to achieve them
 - Foster family and school connections
 - Assist you to more easily connect with different settings and supports such as public pre-K or kindergarten, health care and early intervention providers, and more



PORTLAND IS ONE OF FOUR FIRST 4 ME PILOT PROGRAMS



First4ME is in four areas across the state of Maine.

We are asking families to participate because they are children's first and most important teachers and nurturers.

The First4ME pilot program will learn from families and early care providers to help improve the early care and education system in Portland and across Maine. This is an opportunity to share your voice – your family's participation and feedback can help build a future system that supports you and your child.

Note: If you would prefer to not participate in First4ME, please let your child care director know. Your participation is completely voluntary and in no way impacts the care and education of your child at any program.

